



2024 Breastfeeding Success

In-Person Classes

Breastfeeding Classes

■ Westmoreland

February 15	August 15
March 21	September 19
April 18	October 17
May 16	November 21
June 20	December 19
July 18	

6:30 to 8:30 p.m.

Every Third Thursday of the Month

Westmoreland Hospital, Conference Room A

532 West Pittsburgh Street, Greensburg

In this class, you will learn the benefits of breastfeeding for mom and baby, positioning tips for an effective latch, how making milk works, how to tell if baby is getting enough, and breastfeeding/pumping when returning to work. Mothers are encouraged to bring a baby doll. The classes are designed to answer questions and build confidence in breastfeeding.

Classes are taught by an International Board-Certified Lactation Consultant.

To register, visit www.ExcelaHealth.org.
For more information, call **1-877-771-1234**.